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# Essential Oil Premium Starter Kit Recipes: Love At First Drop



## Synopsis

"I just received my Young Living Premium Starter Kit. I'm scared and don't know where to start!" Please believe, every one of us started at that point. Love at First Drop empowers and gives courage to the beginning essential oil user, helps to conquer common fears, and gives one a better insight into the excitement of the essential oil world. We received numerous requests from fans for a Recipe Book featuring strictly the oils found in the Premium Starter Kit, so we made it our mission to make this happen. The recipes in this book include and use strictly the oils found in the Premium Starter Kit, along with the accompanying Flex Oils that are sometimes substituted in the Premium Starter Kit. The book begins with a Frequently Asked Questions section, and it's 52 pages feature over 175 recipes. It is a well laid out, easy-to-read compilation of some of the "best-of-the-best" recipes our Young Living community has used with many successes. There are a wide array of topics featured in this book, as well as bonus sections that include a Dilution Chart, 3 Simple Uses for each PSK Oil & Flex Oil, and a Comedogenic Ratings Chart. The entire goal of this book is to ensure you triumph with your oils, and experience a seamless and simple transition into this wonderful world of ours - We Welcome You! Some topics include: Wellness • Immunity • Respiratory Support Concentration • Increase/redirect Focus • Improve Concentration Mood Enhancement • Stress Management • Happy/mood lifter • Energize Bedroom • Aphrodisiac • Sweet dreams • Relaxation Beauty • Face wash • Toner • Moisturizer • Lip balm • Microdermabrasion • Troubled skin Hygiene • Deodorant • Hand Sanitizer • Soaps Kids • Scented Finger Paint • Therapeutic Play dough • Owie oil Cleaning • Household cleaner • Carpet Freshener • Room Freshener • Dusting Spray Cooking • Popsicles • Infused Apples • Dips • Cookies

DISCLAIMER: This document is a compilation of recipes used successfully by persons who use Young Living essential oils, a company which is proud to set the standard for essential oil purity and authenticity by carefully monitoring the production of [their] oils through [their] unique Seed to Seal process. • The willingness of individual users to share these recipes is very much appreciated. However, contributors to this book and myself included are not medical practitioners and cannot diagnose, treat or prescribe treatment for any health condition or disease. Before using any alternative medicines, natural supplements, or vitamins, you should always discuss the products you are using or intend to use with your medical practitioner, especially if you are pregnant, trying to get pregnant or nursing. All information contained within this book is for reference purposes only, and is not intended to substitute advice given by a pharmacist, physician or other licensed health-care professional. As such, we are not responsible for any loss, claim or damage arising from use of this compilation or recipes herein.

## Book Information

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## Customer Reviews

This book has great recipes! I've been giving it to my new members to help get them started. My only issue is really with the poor quality of the printing - the inside margins aren't wide enough to keep the recipes from getting a little lost in the center spine. The whole printing area should move down and out towards the outside edges of the page.

This is an awesome book for the Young Living Oils! I have been a user of the Young Living brand now for almost 3 years. These Oils have changed my life as well as my families. I love that this is a paperback book that I can slide right into my day planner and take with me everywhere so that I can share it. The recipes are great and I see some familiar ones in the book that I have used for years now. Also has lined notes area in the back of the book to add any other recipes you make yourself so you can keep them all together. This book is nicely done and has tons of recipes and information in it. I also like the fact that there is an abbreviation guide in the front for those that are beginners to learn the lingo of our oily world. Great table of contents as well as very neatly organized by categories. Came via media mail in an envelope that was thick and in one piece unlike others books I have received over the years from other vendors. I also love the personalized customer service of the author herself who shipped along with my two books that I ordered a handmade thank you sheet I am assuming that was drawn by her precious little one, as well as a mini adult coloring book with a pack of colored pencils. I was so touched when I opened my envelope and saw my little extras. I also want to say that I ordered and literally had it within less than 3 days. So love Ms. Brandy and her sharing with all of us what we all have obsessed about over the years. Now I have all my recipes

in one place. Hooray! Thank you again Brandy

I love this idea. I had only had my kit for a week and was already buying other essential oils to make fancy concoctions, which I am sure is part of the business. But I really wanted to try essential oils out before investing any more in them and this book has so many recipes and such a variety of products to make, it really suits my needs well.

I love this recipe book! The organization makes it easy to find the recipes you are looking for. So great for those just starting out as it focuses on the oils offered in the starter kit. A great resource for any oiler to have, new or experienced.

Seriously one of the BEST EVER books for any essential oil beginners and just to have, easy to understand, simple recipes, and fabulous information that every oil user should have in their home. Her books make wonderful gifts as well, definitely excited for upcoming books!

I like this recipe book! It also offers more than just recipes...there are lots of other useful and important information regarding how to use the oils. Its simple and easy to use! I use it often along with the "one drop at a time" recipe book!

I absolutely love love love this book. As a first timer using oils, this book has been amazing. It's has many recipes to keep you busy using oils in a variety of "topics". I can't wait to get the next book to add to my knowledge and collection. '

Not a fan of the recipes in the book. Many recipes do not include final volume or suggestions for what bottle size to use.

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